



Therapy Groups for Children

SOCIAL SKILLS

- RECOGNIZE SOCIAL CUES
- IMPROVE CONVERSATION SKILLS
- MANAGE SOCIAL ANXIETY
- BUILD SELF-ESTEEM
- CHILDREN GROUPED BY GRADE FOR OPTIMAL BENEFIT

MINDFULNESS SKILLS

- MANAGE ANXIETY
- ATTENTIONAL CONTROL
- SELF-ACCEPTANCE, GRATITUDE, PATIENCE
- PERSONAL AWARENESS
- DESIGNED FOR CHILDREN IN MIDDLE SCHOOL

To register or learn more, contact:
Kaitlyn Krieger, 973-257-9000 ext. 230
or kkrieger@morrispsych.com

Morris
Psychological
group P.A. Excellence
Leadership
Compassion